

# THE BLUEPRINT

SPRING/SUMMER 2016



*The Atlantic Canada Regional Council of Carpenters, Millwrights and Allied Workers is celebrating five years as a Regional Council in June 2016*

## WE'RE TURNING 5!

The Atlantic Canada Regional Council of Carpenters, Millwrights and Allied Workers is celebrating its 5th anniversary in 2016!

Our success is due to the tremendous efforts of our members and contractor partners who supported the continued growth of the ACRC since the merger of 14 local unions across Atlantic Canada in 2011.

To commemorate this significant milestone, we are hosting a series of union awareness events coined "Building Better Communities" to thank those who helped us grow and strengthen the Council over the last five

years. Three family-themed events will take place in Fredericton, NB; St. John's, NL; and Halifax, NS and will feature food, prizes, guest speakers, vendor booths, as well as skills demonstrations from the Carpenter Millwright College.

Building Better Communities seeks to reaffirm our commitment to being the premier labour representative on construction projects in Atlantic Canada.

Look for a recap of the events, and our five-year report, in the next issue of The Blueprint!

## LEND A HAND TO FORT MCMURRAY

As we all are aware, many residents of Fort McMurray (including many Brothers and Sisters) lost everything they had as a result of the wildfire in Alberta.

The UBC will be making a donation and if anyone would like to make an individual donation to be included in this amount, a chequemade payable to the ACRC or cash can be sent to the Sackville, Nova Scotia office for forwarding.

Alternatively, you can ask one of our office staff to process your donation using debit or credit using the machines located at our offices.

Official newsletter of:



**ATLANTIC CANADA**  
REGIONAL COUNCIL OF CARPENTERS  
MILLWRIGHTS AND ALLIED WORKERS



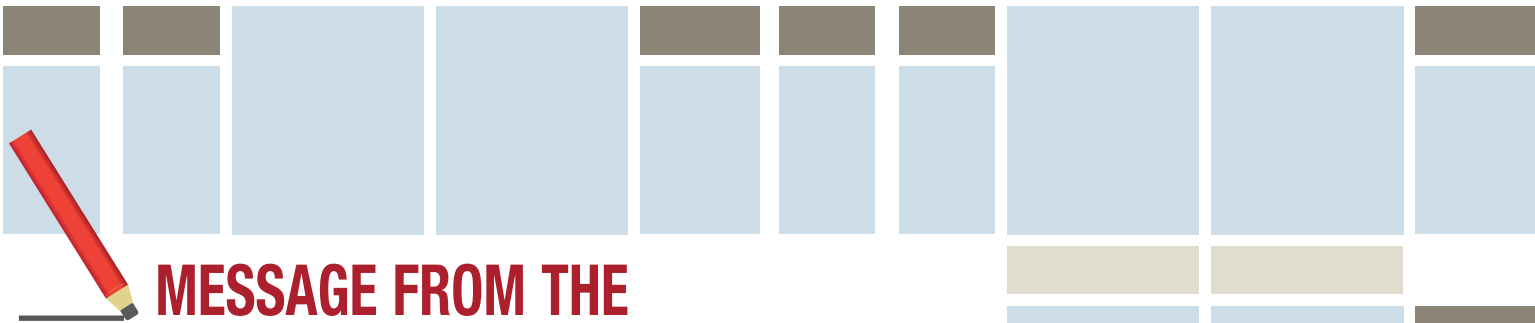
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## MESSAGE FROM THE EXECUTIVE SECRETARY-TREASURER



**ATLANTIC CANADA**  
REGIONAL COUNCIL OF CARPENTERS  
MILLWRIGHTS AND ALLIED WORKERS

Dear Brothers and Sisters,

Since my last report, a lot has happened at the Council both on a positive and negative note. Our membership is maintaining a subtle but steady growth that is keeping pace with membership retirement and transfers. This ensures we meet employer/owner labour demands throughout Atlantic Canada.

In discussions with our partners (owners/contractors) they value what our members bring to the job every day: **SKILL – EFFICIENCY – PRODUCTIVITY – AND BEING JOB READY.** It is unfortunate the only exception to this is the 10 per cent who prefer that others pick up their day's work while they go home rested or in some cases don't show up for scheduled shifts leaving others to work that much harder.

We need every member to do their part and that is why our Commitment to Excellence committee was put in place and is working for you. As a result, both members and employers are noticing a difference as employers will now report members who are not showing up for work, not following scheduled start and stop times, or just not being productive on the job. To date, the committee (one in each region) has met and dealt with a number of members

on absenteeism, theft, and violation of the obligation (via web site or social media posts slandering other members). Those members have been given a final warning that if the behavior continues it will result in expulsion from the union.

Training remains your best defense to securing more work and a secure financial future. Don't let your lack of skills or safety training card keep you from providing a living for your family.

Your local executive feels the Atlantic region will remain strong in providing good paying union jobs for the next 12-18 months. But we must remain vigilant to ensure the UBC remains the union of choice and we all have a part to play in ensuring that.

After 10 years of a dealing with an anti-labour federal government, we now have an opportunity to work with a Liberal government that is a working family party. Furthermore, we have an all Atlantic Canada Liberal government. While we may not get everything we ask for, they are listening. There is not a week that goes by that one of your Atlantic managers isn't meeting with a provincial or federal representative. They are listening to your concerns; specifically, how a strong and unified UBC will mean a strong economy in Atlantic Canada.

As we release this edition, we are watching one of Canada's worst disasters unfold in Fort McMurray, Alta. where we have so many close ties with work and family. Remember to keep them in your prayers and when called upon help in any way we can.


Family is the most important thing in our lives, which is why we must remember to always practice safety both at work and at home. That way we can look forward to returning to our loved ones every day.

Yours in solidarity,

**Gus Doyle**  
**Executive Secretary-Treasurer**  
**Atlantic Canada Regional**  
**Council**







# REGIONAL UPDATES

## NEWFOUNDLAND AND LABRADOR

**Ivan Gedge**  
Regional Manager

The first quarter of 2016 was seasonably slow for the Carpenters and Millwrights in Newfoundland and Labrador. However, we are on par with and will exceed the number of members working in 2015.

Our focus this year will be pinned on organizing, training, and improving efficiency and productivity across the organization.

Through **organizing**, we will provide more opportunity for the membership. In the last year, from July 2015 to February 2016, person hours for Newfoundland and

Labrador from organizing amounted to 8.4% of the total person hours.

**New skill training** will give the membership more employability. Our Council goal is to train 10% of the membership in two or more new skills.

**Efficiency and productivity.** Through our Leadership Training and Progressive Discipline Policies, we are striving to provide the Contractors with the most productive and efficient workforce available so we can be the Union of choice for future work.

I look forward to a successful 2016 for the Atlantic Canada Regional Council in Newfoundland and Labrador and thank the



staff for their commitment and dedication to the membership.

## NOVA SCOTIA AND PRINCE EDWARD ISLAND

**Shane Butler**  
Regional Manager

I am pleased to report 2016 is shaping up to be a steady year for both our carpenters and millwrights across our region. Since the announcement of the government-funded P-12 schools across Mainland Nova Scotia, our contractors have been successful in securing a good share of this work with more to be tendered. Our mixed-use high-rise residential industry will continue throughout

the year and into 2017, along with many other commercial projects.

Although some sectors of our craft have been successful in the high-rise residential market, we have historically seen other sectors such as drywall to be less fortunate. With a change in the way we do business in this sector, it has proven that we have taken some positive steps in the right direction to secure work for our members.

With the windmill projects lined up for this year, we anticipate our millwrights to pick up on a good portion of these hours.

With the completion of our new space in Prince Edward Island late last year, our members and staff on the Island have been putting it to good use for both meetings and training purposes.

As a follow-up from my previous report, members and staff can now enjoy the newly-renovated Stellarton location. This will not only add a fresh new look, but will open up more space to provide additional opportunities to train our carpenters and millwrights.

I would also like to mention our union awareness event taking place in Halifax in July. This event showcases the many trades that make up the UBC. Check our website for more details and please come out and show your support.

It is great to see our membership across our region take advantage of the many training programs to broaden their skill sets. This can only lead to more opportunities for our members staying employed. The key to our success is to grow our market share and protect what we have. Through tireless efforts by our organizers / representatives and members, we have already seen some good things happening in 2016.

Our members support worthwhile causes such as Prostate Cancer Canada Atlantic Region. ACRC staff and guests recently attended the Pants Off for Prostate Cancer party at Murphy's Cable Wharf in Halifax to raise funds and awareness for a cancer that affects 1 in 8 men during their lifetime. This is only one example of how members are making valuable contributions to their community and is a true testament of our union and the work of many charitable organizations.

I would like to take this opportunity to thank the executives of Local 83, 1178, 1338, and 2004, along with my staff for all their efforts and hard work.

To all our members and staff, I wish you a safe and enjoyable summer!





## CAPE BRETON

### Gord Jacobs Regional Manager

The Carpenters' Union Local 1588 in Cape Breton has maintained a solid membership base between 855 – 860 members. The number of members in arrears (3 - 6 months) have been reduced to approximately 68 each month (8.1%).

Person hours worked in Cape Breton for the period of February 2015 to February 2016 is 223, 215. We are excited to further increase these numbers over the balance of 2016.

Our Members are actively involved in improving the local community and supporting non-profit organizations in the area. Local 1588 is proud once again to have made a donation to the Salvation Army Kettle of Kindness campaign in the amount of \$1,075. To support their strike efforts, we also made a donation to the Chronicle Herald Workers strike fund. We have participated in the Cape Breton Dragon

Boat Festival since its inception in 2009. The festival has raised \$450,000 in that time. We have also been active in the Save the Rail (Scotia Rail) campaign.

At our regular monthly meetings in December, we presented 50-year watches and pins to the following members: Bruce Campbell, Fred MacIntyre, Campbell MacLean, Duane MacLeod, Gerald Martell, and Ronald Rogers. I'd like to congratulate each of these members for their hard work and dedication as this is a significant milestone. We were also pleased to present pins to John Horne (55 Years), Donald Morrison, and Roger Goodick (60 Years). Well done, everyone!

This July, Organizer Gerard Boudreau will retire. Gerard has been an Organizer in Cape Breton for the last 12 years and has been a great asset. He has been very active in promoting the Carpenters Union in the communities throughout Cape Breton and will be missed. We would like to wish Gerard all the best in his retirement!

Our Commercial sector is looking good for



2016 with several projects in the wind, such as the Novaport Container Terminal (a new wharf 1,600 meters long with four berths), Bear Head LNG and Bear Paw Pipeline, and expansion to the cruise ship berth at the Government Wharf.

Work on the Donkin mine continues and work has also started on the Maritime Link Transmission line at Woodbine.

Wishing everyone a wonderful summer!

## NEW BRUNSWICK

### Andrew Dawson, Regional Manager

The Carpenters' Union in New Brunswick continues to grow and we are increasing our membership, our contractor base, and our members are getting more work. In the calendar year 2015, our members in Local 1386 and 2262 worked 1,710,974 hours in the construction industry in this Province. So far in 2016, which only includes January to April, we have already worked 402,103 hours – and these are our slowest months of the year. We currently have 2868 members in the Province. 2016 is looking to be our best year on record with these numbers!

The work picture is very promising. It will be a record year for industrial work and scaffold on projects at both Irving Oil and JD Irving sites, as well as at various NB Power projects. These calls are starting now – so please – make sure your dues are paid up, your name is on the out-of-work list, and your safety training is up to date. This will

ensure you get to work earlier than others who do not look after these details. Its as easy as calling the office at 506-450-8830.

Recently we had our annual Union Awareness Rally in Fredericton and it was an overwhelming success! Over 300 members, from across the Province, showed up at Odell Park in Fredericton to spend the afternoon with their union brothers and sisters. A good time was had by all, and our Brotherhood is stronger as a result!

We are focused on several strategic areas: organizing, training, servicing our members, political action, and helping our communities. We have detailed goals around each of these priorities and are on track to meet them. Without each and every one of YOU this would not be possible.

It is an honour to work on your behalf and please know that I remind myself, and all staff, every day – that the hard work which individual members like you do on construction sites across the Province every

day is why we have the opportunity to have the jobs we have. We are working hard to improve your working conditions and to secure you more, and better, employment in the future.







Photos by Stephanie J Photography

# CARPENTRY STUDENTS PART OF NEW ORLEANS REBUILDING MISSION

In an effort to rebuild parts of New Orleans devastated by Hurricane Katrina in 2005, a group of Newfoundland and Labrador carpentry and engineering students donate their time and skill to travel to Louisiana to help those in need.

Launched in 2007, **Together by Design** is a project that co-ordinates a group of young people to travel to New Orleans to help rebuild the community of Broadmoor, which was heavily hit by flooding due to its low elevation along the Gulf Coast.

Darlene Spracklin-Reid, co-founder of **Together by Design**, says although much work has been done to rebuild the community, there is still an urgent need for volunteer teams such as this.

"Broadmoor has come a long way since Katrina," Spracklin-Reid says. "But there is still a lot of work to do. Our students are very motivated to make a difference with their skills again this year."

Now in its ninth year, student volunteers are recruited from Carpenter Millwright College (CMC) and Memorial University of Newfoundland's Faculty of Engineering for the 18-day mission each April. Skills Canada NL is an administrative partner on the project.

CMC students Adam Walsh and TJ Duffenais volunteered for this year's mission, as well as instructor Darren Neary.

Shawn Skinner, Director of Carpenter Millwright College in N.L., sees this project as a chance for student volunteers to not only hone their skills but to contribute to the community in a meaningful way.

"The College sees this as an opportunity to contribute to a very worthwhile cause which is directly

affecting the lives of people who had their communities ravaged by Hurricane Katrina," Skinner says.

"Students get to practice their new found skills on a meaningful project and get immediate feedback on the valuable contribution they are making," he says, adding it's a win-win for both the community and the students.

During the missions, students work on a variety of projects including traffic infrastructure improvements, development of green spaces near schools, and repair of community centre and housing foundations.

Many of the volunteers are so impacted by the program that they go on to careers in government, emergency services, and the skilled trades where they can make a difference in their own communities.

To date, **Together by Design** has contributed the equivalent of \$300,000 of free labour to affected communities in New Orleans.

For more information on the program, visit: [www.togetherbydesign.ca](http://www.togetherbydesign.ca).







# CONSTRUCTION SITE LEADERS PROGRAM

The Construction Site Leaders (CSL) Program effectively brings leaders of various unionized construction sites across Atlantic Canada together to network and discuss common issues faced by foremen, general foreman, stewards, contractors, owners, as well as ACRC staff.

Our first CSL program took place on February 6, 2016 at our office in Paradise, N.L. A major focus of the program is on our Commitment to Excellence and progressive disciplinary policies and procedures. All members, from 1st year apprentices to general foreman, need to be aware and have a good understanding of ACRC policies and how they are laid out in the collective agreements, as well as any site-specific policies that must be followed. The ability to generate open discussion on these topics with Contractor representatives and ACRC Site Leaders is the goal of the program.

Additionally, the program was created to give ACRC member stewards, foreman, and general foremen further education and a deeper understanding of the ACRC's Commitment to Excellence and what processes are in place to deal with member issues when they arise.

Various role playing scenarios on discipline were also conducted, simulating issues that are commonly experienced on jobsites. A



*NL Regional Manager Ivan Gedge speaks to attendees at the CSL session*



question and answer session along with a slate of guest speakers from the industry rounded out the one-day seminar.

It is hoped the program will reinforce the need to discuss the roles and responsibilities of members on jobsites. Unprofessional behaviour is a detriment to all members and does little to increase the UBC's market share in Atlantic Canada.

Len Bryden, one of the program instructors, says the program is an excellent way to improve communication among members, management, and the Union.

"When direct site management and the Union work collaboratively together, it is much easier to achieve a common desired result," Bryden says.

"This not only benefits the working member on the site, but it also helps contractors and owners."

Dealing with difficult members/workers is a constant challenge for direct line foreman, GF's, and stewards. By understanding and following a set of procedures and knowing what the parameters are, it inevitably leads to a more productive and better run jobsite, adds Bryden.

## BLUEPRINT

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# H<sub>2</sub> ... OH!



by Holly Salsman



Few of us can deny the importance of getting enough water each day, yet surprisingly many of us fall short. A recent study suggests that 2/3 of people aren't getting enough. While the usual advice is "everyone should drink eight glasses of water a day", water consumption is not really a "one size fits all" type of solution. On average, an adult female should be drinking around 9 cups (or 2.2 liters) of water per day, and for men? A whopping 13 cups, or 3 litres of water, should be consumed.

Why is water so important anyway? Well for starters, 65% of our body is composed of water, and the more active we are, the greater the need to replenish what is being used. Most especially for people who work outside in the heat (and summer IS coming!), as you're exerting yourself and sweating it's even more important to keep the fluids in you. The rule of thumb is to drink a cup of water every 20 minutes to help keep you hydrated and protected from the heat.

Your body uses water in your digestive system, from start to finish (do we really need to elaborate on the "finish"?), to produce energy, for electrical messages between your cells so your muscles can move and your eyes can see, to keep your mind sharp, and to regulate your body temperature.

Not getting enough water can have some extremely adverse effects on the body. It's important to know the signs to watch for, to not only protect yourself but the people you work with too. Below are the symptoms to be aware of and what you should do if you or someone you work with begins to experience these symptoms.



What you're feeling	What it could be	What you should do
Dizzy, lightheaded, heart seems to be pumping louder than it should	Fainting or heat collapse	Drink water, move around (remember to bend your knees periodically when you're standing for long periods of time) and take needed breaks in the shade
Confused, angry, and delirium (at times, pupils will be dilated) and possible convulsions	Heat stroke	Call for medical, find a cool area, soak clothes with water and stay with the person until help arrives
Weakness, giddiness, nausea, chills and headache	Heat exhaustion	Lie down in a cool place and drink cool non-alcoholic beverages
A painful muscle spasm	Heat cramp	Drink clear juice or electrolytes (Gatorade). Seek medical treatment if cramps last more than one hour

With a little knowledge, you can help protect yourself and your co-workers. **Work Safe** this summer!





## Get in the Loop!

Get news and information about the Carpenters Union delivered straight to your mobile phone.

The United Brotherhood of Carpenters (UBC) has launched a texting program to make sure all members can stay in the loop when news about our Union is available.

### See it first. See it fast.

**Text UBC to 91990 (US)**

**Text UBC to 52267 (Canada)**

## ¡Manténgase al tanto!

Obtenga noticias e información sobre la Unión de Carpinteros directamente en su teléfono celular.

La Hermandad Unida de Carpinteros (UBC) ha lanzado un programa de mensajería de texto para velar por que todos los miembros puedan mantenerse al tanto sobre las noticias de nuestra unión, una vez que éstas se encuentren disponibles.

### Véalas primero. Véalas rápido.

**Envíe la palabra ESP al número 91990 (Estados Unidos)**

**Envíe la palabra ESP al número 52267 (Canadá)**

## Restez branchés!

Recevez directement des nouvelles et de l'info sur le syndicat des charpentiers sur votre téléphone mobile.

La Fraternité Unie des Charpentiers Menuisiers d'Amérique (FUCMA) a lancé un programme de textage pour s'assurer que tous les membres puissent être au courant des dernières nouvelles du syndicat.

### L'info. Rapido presto.

**Textez avec la FUCMA à 91990 (États-Unis)**

**Textez avec la FUCMA à 52267 (Canadá)**

While the UBC will never charge you for text messaging, your carrier's message and data rates may apply.

Si bien la UBC nunca le cobrará sus mensajes de texto, su proveedor de servicios podrá cobrarle la tarifa respectiva por el envío de mensajes y de datos.

La FUCMA ne vous facturera jamais pour l'envoi de textos, mais il se peut que les tarifs d'envoi de messages et de données de l'entreprise de télécommunication s'appliquent.







## NEW ACRC WEBSITE LAUNCHED

Earlier this year, we launched our redesigned website at [acrc.ca](http://acrc.ca). This marks the first time the website has taken on a different look since the ACRC was formed in 2011.

Enhancing the user experience and ensuring the website works across various devices was a priority. Dispatch and regional office contact information has been made more prominent. We also added our social media news feeds right on the homepage. An email sign-up form has been added, as well as an online Suggestion Box.

Here's some details on the new features you can expect to find:

### MOBILE-FRIENDLY

- Our website has been optimized to work with most electronic mobile devices such as smartphones and tablets.

### DISPATCH

- A Dispatch button has been added on the homepage. Accessing the dispatch system remains unchanged.

### JOB LIST

- A current listing of open jobs can be accessed by clicking the Job List button at the top of the homepage. Listings are updated in real-time.

### PROGRAMS

- Information on the Journeymen Leadership and 3rd Year Apprentice Programs can now be found under this heading. Look for more program information to be added here soon!

### FORMS

- A number of forms (pre-authorized debit agreement, healthcare expense and change forms, etc.) are now available online.

### EMAIL SIGN-UP

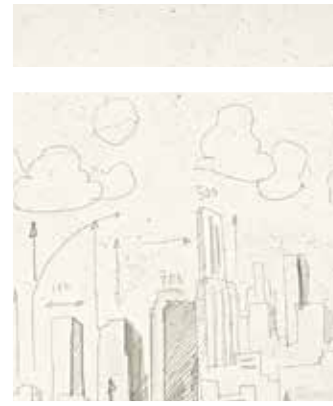
- Members can now update their email address and other contact information directly on our website. We encourage members to keep their contact information updated so as not to miss important updates or notices.

### EASIER TO GET "SOCIAL"

- Our Facebook and Twitter social media news feeds can now be found directly on our homepage. Additionally, links to go directly to our Facebook, Twitter, and LinkedIn pages can now be found at the top of the homepage near our logo. Find out what's happening at the Council by checking back often!

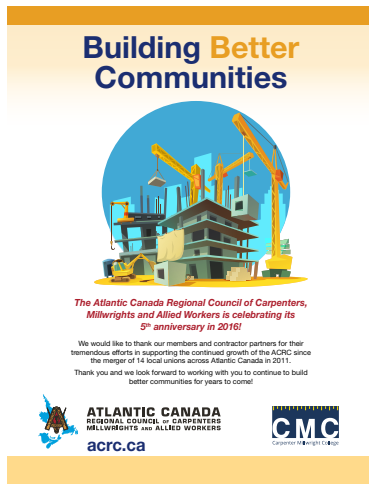
We hope you enjoy the new website, and as always, welcome your feedback at [suggestions@acrc.ca](mailto:suggestions@acrc.ca).





## Building Better Communities

We are hosting three union awareness rallies called "Building Better Communities" in May and June. These rallies are geared to not only members but anyone working in the construction skilled trades. Events will take place in Fredericton, St. John's and Halifax. We will have a full report on each event along with photos in the next issue of The Blueprint!



## 2016 Canadian Underwater Conference & Exhibition

The ACRC had a booth at the 2016 Canadian Underwater Conference & Exhibition which was held in Halifax in April. Organizers were on site to answer questions from attendees and liaise with diving companies, associations, and provincial bodies. The three-day conference attracted approximately 35 exhibitors, 160 delegates, and 22 speakers. The event featured panel discussions, technical presentations, and workshops on topics pertinent to the diving industry such as hyperbaric tunnel construction and diving, ROV (remotely operated underwater vehicle) training, and provincial diving regulations.

## Union Awareness Flyers

We have developed a series of postcard-sized flyers that will be distributed to every job site in Atlantic Canada. These materials are intended to get workers thinking so that when they are approached they will already be aware of our ideology.

Cards will focus on areas such as health and welfare, collective bargaining, training, workers' rights, and pension.

## Union Training

Since the September convention, we had 68 people attend Shop Steward training, 61 for Site Organizer, and 227 attended a New Member Orientation.

We are currently planning upcoming sessions for Shop Steward, Site Organizer, and New Member Orientation training. Please check back for confirmed dates.

## Welcome New Contractors

Below is a list of contractors who have all become organized since our last newsletter. Each sees the benefits that being a union contractor has on their workforce and bottom line.

Please join us in welcoming the following contractors to the ACRC:

Ability Building Contractors  
Safespan Platforms Inc.  
Allied Installations  
Carl Brothers  
Wall to Wall  
Donald Ouellette  
AB Construction  
John Lavoie Contracting  
Hurricane Drywall  
Doherty steel stud and drywall  
Island Dynamics  
Living Spaces Inc  
Pacer Foundations Construction Corporation  
WestwaRD Industrial Inc

## Did you know?

... that from the time period June 2015 to February 2016 we reached the second highest number of Organizing Hours since the Council was formed at 345,076?

**Do you have a suggestion, idea, or comment for The Blueprint?**

**We'd love to hear from you!**

**Send us an email to [suggestions@acrc.ca](mailto:suggestions@acrc.ca) and tell us about it!**

You can also find us on Facebook and Twitter! Get in touch and stay up-to-date with what's happening in your union!



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Allied Workers members

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G3022 (HBG564) (01/16)

**This group insurance program is only available through our Contact Centre and website.**



# DISPATCHES

News and notes from around the Council



Local 579 made a donation to the Autism Society of NL for \$10,000

## Safety award

Congratulations to Local 1588 member Doug Fletcher (pictured left) for being recognized by the ABB Group for his commitment to working safe. Joining Doug is Joe Wilson, Quality Civil Superintendent. Keep up the great work, Doug!



Local 1588 member Doug Fletcher was recognized for his commitment to safety

## Autism society donation

On March 9, Local 579 made a donation of \$10,000 to the Autism Society of Newfoundland and Labrador. The ASNL is dedicated to the development of programs and services for people with autism. For more information on ASNL, visit <https://www.autism.nf.net/>

## Recognition of 50-year members

We would like to congratulate the following members who are marking 50 years as a UBC member in 2016. This is truly an exceptional accomplishment and we wish each of you the very best in the years to come!

### Local 83

Hamilton, Raye  
Swinimer, Robert

### Local 1178

MacPhee, Ronald  
Stone, Lloyd

### Local 1338

Griffin, Raymond  
Hardman, Walter

### Local 1588

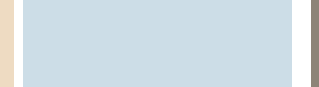
Babin, Thomas  
Barnaby, Dennis  
Burt, Richard  
Fifoot, John  
Locke, Douglas  
MacDonald, Arthur

## Carpenter Millwright College texting program

Did you know the Carpenter Millwright College has started their own texting program in each region? Best of all it's easy to sign up! Enter the keyword of the region(s) you would like to follow (e.g. for New Brunswick text the keyword 'CMCNB' to the number '770077'). You will then receive a message thanking you for signing up. That's it! You will now be notified of important training notices and other news delivered right to your mobile phone!

Region	Keyword	Number
Cape Breton	CMCCB	<b>770077</b>
New Brunswick	CMCNB	
Newfoundland and Labrador	CMCNL	
Nova Scotia and PEI	CMCNS	





## ACRC parties for a go

A group of ACRC staff and guests

## Local 1588 carpenter and experienced kayaker marks 50 years of service



Seventy-three-year-old Peter Quaade, a respected carpenter member with Local 1588, recently received his 50-year pin to cap an impressive career. Well respected in the industry, Peter has worked for numerous contractors in Cape Breton and held various positions such as foreman, general foreman, and superintendent. What you may not know about Peter is that he is an avid kayaker, logging more than 27,000 kilometres kayaking through waterways in and around Cape Breton. His biggest jaunt? Cape Breton to Newfoundland!

Local 1588 member Peter Quaade recently received his 50-year pin

We are pleased to say that more than half of our membership now have email addresses on file with us!

Thank you to all those who provided us with this information to help us send you important news and notices by email. This initiative not only saves members money by cutting down on mailing costs, but receiving correspondence electronically is fast, easy, and efficient.

Do you have a friend or colleague not yet subscribed to receive these updates? Signing up is easy on our website ([accr.ca](http://accr.ca)) or by contacting your local union office.





# Stay Connected!

Stay connected to what's happening in your union by having news and updates from the ACRC delivered right to your mobile phone!



Sign up today by texting  
**ACRC to 770077**

Please note the ACRC does not charge members for this service;  
however, standard text rates from your carrier may apply.




**ATLANTIC CANADA**  
REGIONAL COUNCIL OF CARPENTERS  
MILLWRIGHTS AND ALLIED WORKERS



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