

THE BLUEPRINT

SUMMER 2017

WANTED!
YOU...
AT OUR
OLDE TYME UNION PICNIC

JOIN US FOR A BBQ AND PRIZES AS WE REFLECT
ON OUR PAST WHILE WE LOOK TO THE FUTURE

ATLANTIC CANADA
REGIONAL COUNCIL OF CARPENTERS
MILLWRIGHTS AND ALLIED WORKERS

CMC
Carpenter Millwright College

NEW GLASGOW, NS
SYDNEY, NS
CHARLOTTETOWN, PE
SAINT JOHN, NB
PARADISE, NL

CHECK ACRC.CA FOR DETAILS ON THE EVENT IN YOUR REGION

A STORIED PAST. A BRIGHT FUTURE.

The ACRC is planning a series of union picnics this summer to celebrate its heritage and to honour the work of United Brotherhood of Carpenters (UBC) members throughout Atlantic Canada.

Our history as a building-trades union extends more than 130 years, and we are proud to continue to stand strong for our contractor base and to help them hire the most motivated, knowledgeable, and safest workers who have the skills to be productive on the jobsite.

The picnics will not only be an opportunity for members and their families to reconnect, but for guests and the public to get a better glimpse into what we do and how we're improving the communities in which we live.

The picnics will feature a barbecue lunch, giveaways, kids' activities, skills demonstrations from the Carpenter Millwright College, prizes, and more. Built around an 'Olde Tyme Picnic' theme, the events will take place in five locations across Atlantic Canada. Please note dates and locations of the events are subject to change

New Glasgow, NS	Saturday, June 24, 2017 at New Glasgow Square
Sydney, NS	Saturday, August 12, 2017 in partnership with the Dragon Boat Festival
Charlottetown, PEI	Saturday, August 26, 2017 in conjunction with the National Apprenticeship Competition
Saint John, NB	Monday, September 4, 2017 at Rockwood Park in partnership with Saint John Labour Council
Paradise, NL	Saturday, September 16, 2017 at Paradise Park

We're looking forward to celebrating with you this summer. Please check our website acrc.ca for details closer to each event and we hope to see you there!

Check out the next edition of The Blueprint for a full recap of this summer's events!

Official newsletter of:



ATLANTIC CANADA
REGIONAL COUNCIL OF CARPENTERS
MILLWRIGHTS AND ALLIED WORKERS



UNVEILING OF CANADIAN BUILDING TRADES MONUMENT

It was a beautiful afternoon in Ottawa on May 16, 2017 for the unveiling of the Canadian Building Trades Monument – a testament to the work tradespeople do across our country and to honour those who lost their lives in the workplace.

Designed by renowned sculptor and long-time Nova Scotia College of Art and Design instructor John Greer, the monument was revealed to a crowd of government officials, invited guests, and union representatives from various trades, including UBC VP Canada Jim Smith and the ACRC executive committee.

The monument features two 3-metre high plumb bobs – a building tool dating back to ancient times – standing atop a floor of Cambrian Black granite. Coined “Standing Together” the artwork is a tribute to the construction industry and a reminder of the detailed work of men and women who build incredible structures – all starting with a basic tool in their hands.

Canada’s Building Trades Unions (CBTU) and its affiliated unions raised most of the funding for the \$1.3 million monument, which is situated in Major’s Hill Park and overlooks the Ottawa River towards the Parliament buildings.

Robert Blakely, Chief Operating Officer of the CBTU, said the monument “is about men and women who build Canada today and [will] build it in the future” and is dedicated to the people of Canada.

“CBTU is proud to offer this monument as a gift to all Canadians,” Blakely said.

“This was a long time coming, we have worked hard and long to create a national monument in Canada’s Capital that will celebrate the contributions made to society by the women and men who work in the building and construction trades and commemorates the losses they have endured in carrying out their work.”

Surrounding the site is a series of granite benches, each engraved with a tool that represents the trades.

Deb Romero, Executive Secretary-Treasurer of the ACRC, remarked it was a proud moment to bear witness to the unveiling and to honour the work of tradespeople across Canada.

“It was special to acknowledge how much skilled tradespeople do to improve the communities where they live and work every day,” Romero said. “I was proud to be part of that.”



Canadian District VP Jim Smith, who retired in May, sits on the granite slab representing the Carpentry trade



Prime Minister Justin Trudeau was on hand at the unveiling and accepted the monument on behalf of all Canadians

Editorial Committee:

Melanie Goode
Jeff Richardson
Deb Romero
Joe Wilson
Graham Wiseman

MESSAGE FROM THE EXECUTIVE SECRETARY-TREASURER



ATLANTIC CANADA
REGIONAL COUNCIL OF CARPENTERS
MILLWRIGHTS AND ALLIED WORKERS

As we near the mid-point of 2017, it is important for our members across Atlantic Canada to know that our Council is working hard to support them, both on and off the job.

Delegates from across Atlantic Canada met in Sydney in April and we heard about the many exciting things happening there. Cape Breton is a shining example of union pride, and these meetings were a chance for our delegates from other areas to hear from CBRM Mayor Cecil Clarke about the real potential for expansion at the Port of Sydney that would transform the city and the Region.

Our Council remains financially strong and we have proudly concluded another successful year of operations where we have worked to save our members money and invested in organizing, training funds, and our health plan. Your delegates will be attending our next meeting in Halifax in early September, and it is their responsibility to report on all your Council's affairs at their Local Union meetings across Atlantic Canada.

Large scale industrial work is slowing down in Newfoundland as several major projects ended there, but rest assured that we are working with a variety of project owners, developers, and large companies to ensure that we continue to build these projects in the future, not just in Newfoundland, but in New Brunswick, Nova Scotia, Cape Breton, and Prince Edward Island as well.

In August, our Council has the honour of hosting the National Apprenticeship

Training and Advisory Committee (NATAC) Apprenticeship Contest in Charlottetown, PEI. This event brings together apprentices from every province in the country to compete in various aspects of the carpentry and millwright trades. This is a prestigious event and a chance to showcase our union on the national level. We are pleased that 40 individual members from every region in Atlantic Canada have won the chance to attend this competition for their attendance at their regularly scheduled union meetings.

Our members continue to take advantage of the programs and training available at the International Training Centre in Las Vegas – and in the past year nearly 500 members from Atlantic Canada have visited the Centre to develop their leadership, communication, trade specific, as well as other skills. If you have not yet had the opportunity to attend a program at the International Training Centre, please contact your local business representative and let them know you are interested.

In May, Canadian District Vice-President Jim Smith, who is an icon in our trade and in our industry, retired. Many Local Executive members and ACRC Delegates attended his retirement and shared best wishes with him on behalf of our members across Atlantic Canada. He has been succeeded by Jason Rowe of Manitoba and as with Brother Smith, he has our unconditional support in his efforts to continue the growth of our Brotherhood.

Lastly, throughout the summer, we are holding several member-focused picnics for our members and their families. These are fun events designed to allow you to bring your family to meet fellow members in a relaxed atmosphere to celebrate the many benefits of being a union member. It is also an opportunity for the public to get a glimpse into the training that is offered through our affiliated Carpenter Millwright Colleges. We hope you take advantage of the event closest to you and I hope to see you there.

Please enjoy your summer, work safe, and get involved in your union.

In solidarity,

Deb Romero
Executive Secretary-Treasurer
Atlantic Canada Regional Council





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This group insurance program is only available through our Contact Centre and website.



I would like to thank all members and staff across the ACRC and the Carpenter Millwright College (CMC) for offering me such a warm welcome as I complete my first year as Training and Programs Manager with the Council. I am fortunate to be able to be a part of one of the UBC's most progressive and dynamic Councils, but there is always more work to be done.

I recall the time when I was a 2nd year Carpenter Apprentice, and one of my Journeyman telling me: "education is the key." I never forgot those words, and that is what helped begin my quest to do whatever I could to help others further their education within our ranks, and work toward successful and fulfilling careers as a member of the United Brotherhood of Carpenters (UBC).

I have held various positions within the Brotherhood over the years with Local Unions, Councils, Provincial, and International Committees. My experience as a tradesman, UBC Instructor, and most recently as Director of Training and Apprenticeship for the Alberta Regional Council, taught me the importance of education and skills training within our membership, and that as an organization we can *never let up*, and *never give up*.

You may have received emails or phone calls from me over the past year regarding our International Training Centre leadership programs. I am working to ensure these programs serve our members and contractors well. Please see www.acrc.ca/programs for more information on what is available. Stay involved with your Local Union and the CMC at every level possible.

I am working closely with our EST, staff, executive, and CMC Training Directors across all areas of the Council to assist with issues of training delivery and consistency, as well as future harmonization and standardization of UBC skills and safety training across the ACRC and Canada. I sit as co-chair of the Canadian National Apprenticeship Training Advisory Committee and am one of two Canadian representatives for the UBC International Training Advisory Group.

This year the ACRC and the CMC are proud to be hosting the 25th Anniversary of the National Apprenticeship Competition in Charlottetown, Prince Edward Island




Len J. Bryden
ACRC Training and Programs Manager

on Aug 25-26, 2017. Please contact me if you are interested in volunteering for this important National UBC event! The last time this event was held here was in 2013 in St. John's, NL. We now have competitors for Carpenter, Millwright, Drywall, Floor Covering, and Scaffolding; some of our best and most skilled members from across Canada will be highlighted for the public to see. In addition, the ACRC will be hosting an "Olde Tyme Union Picnic" event on the day of the competition (Aug. 26) so it should be a fun-filled day!

I look forward to meeting and working with more of you, both members and contractors, as we move forward. We are all going to continue working together to build upon the great international reputation of this Council. We as members, along with our contractors, are collectively an integral part of growing our market share for all members of the Atlantic Canada Regional Council and the UBC.

Keep up the great work, and continue to be safe for you and your families.

Len J. Bryden
lbryden@acrc.ca



REGIONAL UPDATES

NEWFOUNDLAND AND LABRADOR

Ivan Gedge
Regional Manager

Hello Brothers and Sisters,

We are almost through the first quarter of 2017 and many of the major projects our members are working on are moving ahead smoothly as we predicted. The Long Harbour Special Project Order (SPO) is completed and now moving into commissioning and maintenance for another few months. The Hebron Project is also nearing completion and ready for tow out, while the Muskrat Falls Project is on its way to reaching its highest peak of employment for its duration. This year will be busy for members of both Local 579 and 1009 on the Muskrat Falls Site as 2017 will hit a peak for form workers and it is also expected there will be an increased need for scaffolders. Millwright

numbers will increase significantly as work begins with the mechanical portion of the job.

While we have experienced several good years in the industry, we will continue to be diligent in organizing and work to create contractor partnerships to secure future work for our membership. Furthermore, your UBC leaders are out in the industry promoting the best trained, most productive workforce, and we ask our membership to take advantage of the International Training Programs that provide our Journeypersons and Apprentices with the attitude, productivity skills, and understanding to go on the job and showcase what we are promoting. So, please take advantage of the opportunity for this training when it is offered. Together, we can be the choice for the future, the choice of contractors, clients, and owners. Again,



this year let's work hard, be productive, and most importantly, work safe so we can each return home to our families every day.

I would like to welcome Darrell Melvin to our ACRC NL team and look forward to his support and experience. Also, I would like to thank Neville Smith for his work over the past few years and wish him the best in his future endeavors. I also want to thank the whole staff and ask that they keep working hard for the membership.

NOVA SCOTIA AND PRINCE EDWARD ISLAND

Scott Keeping
Regional Manager

Hello Dear Brothers and Sisters,

I would like to take this opportunity to thank all staff and fellow membership for all their hard work and commitment that is helping to build a stronger UBC.

The work situation in early 2017 has been steadily increasing in Local 83. Formwork, interior Systems, metal buildings, and

wood framing have provided many person-hours worked to date. Our membership should expect upcoming supplemental work opportunities for projects such as the Muskrat Falls Generating Project and the Keeyask Project in Manitoba.

I am pleased to report we have also secured a large volume of work in the high-rise residential market, moving closer to a "tipping point," which will see more job opportunities and market share in this sector. Our signatory contractors have impacted the marketplace and have worked diligently to create a standard practice whereby local developers and general contractors select represented workers rather than non-union labour.

There has been a noticeable increase in the volume of commercial work opportunities for Local 1338 membership in Prince Edward Island. Signatory contractors are requesting we find additional recruits to help supply upcoming jobs. There will be a new business representative/organizer hired for Local 1338 before the end of May, who will

ensure jobsites are serviced and organizing targets are met.

The National Apprenticeship Competition will be held August 24-26 in Charlottetown. Participants from across the country will be tested in theoretical and practical skills in five disciplines: carpentry, drywall, millwright, scaffolding, and floor covering.

We have made a commitment to change, enabling us to become stronger and determined to win more market share. Everything in life is a reflection of the choices we make, and if we want a different result we must make a different choice. I foresee our biggest challenge going forward is the task of convincing our fellow unrepresented carpenters to join our union. We all must spend that extra moment daily to realize that the goal of unionism can be obtained by brining non-union carpenters onboard.

On behalf of Local 83, I would like to pass along our deepest and sincerest regrets to the family and friends of former Local 83 President Peter Greer. Many members knew Peter well and I know he will be deeply missed.



CAPE BRETON

Gord Jacobs Regional Manager

Now with winter behind us, I'm looking forward to a busy summer season for Local 1588.

The first Delegates' Meeting of the year was held in Cape Breton on April 20-21 and I look forward to reporting back on the outcomes of these meetings in my next regional update.

Local 1588 members are very supportive of local causes and charities, and so far, this year it's no different. On February 15, we attended the annual Wake Up Call Breakfast in support of Prostate Cancer awareness and research. The Local has also made donations to the Safe Grad program – an initiative focused on lowering the risk of underage drinking and reducing driving accidents causing serious injury or death – and the Salvation Army Kettle of Kindness campaign. In 2017, we will be donating to all the food banks in Cape Breton.

Turning to retired members, I am pleased to announce that all Local 1588 who are retired will have their dues paid.

This summer, Sydney will be host to a summer picnic for members with an 'Olde Tyme' theme. We are in talks to partner with the Dragon Boat Festival – an event we have been part of in previous years. We will need several volunteers to support this picnic event to make it a success. If you, or someone you know, would like to lend a hand please get in touch with us. Look for more details on the picnic on our website (acrc.ca) in the coming months.

Production at Donkin Mine began on March 1, 2017 with increased production from a second continuous miner planned for later in the year. Wharf work in several areas is also moving forward, including the second cruise ship berth on the Sydney waterfront. Other work includes the Wreck Cove power plant, which is the largest hydroelectric plant in Nova Scotia, and shut downs at the Point Aconi, Point Tupper, and Langan generating stations.

While renovations at Marine Atlantic and the Woodbine converter station (connecting with the power line from NL) are ongoing, the LNG Bear Head Project and the Container



Ship Pier through the Port of Sydney are getting closer. It is hoped we are about a year out on these projects, which will bring significant growth to the region.

With all the work that is happening, I'd like to stress the importance of keeping your safety training updated and current. Keep in mind that if your training is not up to date then you will not be dispatched to work. As union members, we need to be focused on productivity and maintain a good attitude on the job site. This helps our contractors to deliver results, on time and on budget.

In closing, I am happy to announce an increase on our health and wellness subsidy for our members. As of January 1, 2017, we will be subsidizing \$75 of the H&W amount per member each month.

I hope everyone has a wonderful summer.

NEW BRUNSWICK

James Dawson, Regional Manager

Hi Brothers and Sisters,

It's important to reflect on past successes, and looking back we had a great year in 2016. I am pleased to say that 2017 is on track to be another great year.

I am happy to convey to the membership that the first six months of 2017, although notorious for being our slow time of year, has been much better with both the Industrial and Commercial sectors starting out strong! We are on course for a very successful year!

Things are moving at a rapid pace here in New Brunswick in Industrial and Commercial work. There have been a few major changes in contracts, one of which being the Irving Oil Refinery. However, this change has worked out great for the Brotherhood.

There has been talk about a mega hydroelectric project at the Grand Falls Generating Station, which is expected to move forward in the fall of 2017 or shortly thereafter. Mactaquac Dam is also pursuing a major refit within the next 12 months. These two projects offer a potential for a huge increase in person-hours within Local 1386. Unlike previous years, we are expecting a 60-day turnaround at the Irving Oil Refinery.

I would like to take this time to thank the staff and fellow managers for making the transition to our new leadership on the executive board smooth.

With that, I would like to

express my appreciation for our members—like cogs in a machine we would not be able to function the way we do without each one of you doing what you do.

Let's keep 2017 moving strongly forward by working hard and staying safe.



PASSING OF FORMER LOCAL 83 PRESIDENT PETER GREER

This obituary was submitted by Peter's family and published in the Chronicle Herald on March 18, 2017.

Peter Frederick Greer
(Truro/Halifax/Lunenburg)

September 9, 1952, to March 10, 2017

*"I don't ask questions. I just have fun!
And don't take life too seriously. You'll
never get out of it alive."* – Bugs Bunny

It is with a tremendous sense of loss and sadness that we share the news of Peter's passing. During his life, he touched countless hearts and lives throughout the world.

Those of us left behind will feel the loss of his beautiful smile (and his pies!) and compassionate nurturing nature for the rest of our lives.

He was and will forever be cherished and adored by his immediate family: Alison Strachan, Daisy (Kepha) Pepin, George (Megan) and Jack Greer, and Daisy's children Ariel, Chanah, Tahir, Meore.

He was loved and will be missed by his brother and sisters: Anne (Jim) (West Dublin), John (Vanessa) (Italy and Nova Scotia), Peggy (Bush Island), Mary (and you too Richard!) (Halifax) and their children: Sarah, Emily, Jennifer, Ulo, Lily, Tristan, Ona, Josh, Simon, Dorian, Kelly, Lucy, Zoe, Oscar, Emil and many great nephews and nieces.

Peter was treasured by his brothers and sisters-in-law Jacklyn Veneroso (NYC), Diana Stathacopoulos (Panos) (Greece), Vicki Wiederkehr (Dan) (Maine), Deborah Strachan (Steve) (Maine), Jennifer Strachan (Bryan) (Toronto), Bruce Strachan (Jacinta) (Kenya) and all of their children: Spiros, Alexander, Ryan, Sarah, Emily, Anna, Elizabeth, Julia, Kate, Hazel, Blake, Muila, Alexander and Mubasu and many more great nephews and nieces throughout the world.

He was predeceased by his parents, John Maxwell Greer (2011) and Doris Elizabeth Greer (2014).

Throughout his life, Peter lived in Truro, Wolfville, Toronto, Halifax, Lunenburg and the "wedge" family cottage in West Dublin. He traveled throughout Canada, the United States, the Caribbean and enjoyed a recent trip to England and Sweden with George and Jack. No matter where you went with Peter, you could count on him taking you off the beaten path for more interesting adventures.

A carpenter by trade, he never forgot the value of "measuring twice, cutting once" in both the trade and his many dedicated years representing union members as a Business

Representative, and Organizer for Local 83 of the Nova Scotia Carpenters and Joiners of America. Peter spent nearly 30 years with the union both as a carpenter and as a member of the union executive, holding positions such as Financial Secretary, President of Local 83 and as a Trustee for the Atlantic Canada Regional Council of Carpenters, Millwrights, and Allied workers. Peter was an example of the term "fiduciary."

Peter was also a Trustee for the union benefit and pension plans, and Chairman of both Apprenticeship Nova Scotia, and the Nova Scotia Building Advisory Committee. In 2014, he was awarded the Visionary Award by the Nova Scotia Construction Safety Association for his dedication to Safety Training on Job Sites. But perhaps his greatest professional legacy was in his passion for trades education resulting in him spending many hours in the formation of the Carpenter Millwright Trades College; serving as Director for the school from its inception to his retirement in the spring of 2014.

Peter always performed his duties at the union with an unwavering commitment to the membership and with a keen sense of overall fairness. He was humble about his professional work, but it was work that made a difference in many people's lives.

But most of all, Peter adored his time with family. We will always remember his upbeat arrival home from what would have likely been a hard day of work with groceries in hand and then their magical transformation into delicious meals. His singing and humming in the kitchen with a meal on the go will be forever remembered. Peter also had an eclectic sense of music, he would listen to Pavarotti in the kitchen, Bob Dylan in the living room, Nina Simone in the dining room, all while singing Ludacris to himself. Weekends in Lunenburg enjoying every moment that our home brought him was an inspiration to us all. In the midst of any renovation or project, he would stop to build us a luge run in the middle of the night or take the time to keep us well fed and entertained. Our home was the hub of the neighbourhood in Lunenburg. He took delight in the memory of Solomon, the boys' school friend from Halifax, waking him up saying "Mr. Greer, Lunenburg is shining. Where are you taking me today"?

None of us will ever make a pie, pasta or pizza again without thinking of how much better his creations were.

Strachan family reunions at Summer Camp



on Lake Mooselookmeguntic in Maine were made complete with Peter's presence. He was always up for a day of adventure from climbing a mountain to boating across the lake, but his favourite times were in the kitchen cooking, with ease, for sometimes 25 or more family members. His storytelling around the supper table was unrivaled (especially the drawn-out stories about a certain overweight chef).

In 2010, Peter's life changed with a diagnosis of throat cancer requiring a brutal regime of radiation and chemotherapy. Peter met this challenge with his usual braveness and levity, once remarking to a radiation technician "I'm here for my 7:30 tanning session." Those near to him were amazed by his "get this job done" attitude and his remarkable recovery thanks to top-notch medical care from the provincial health care system. However, as is often the case, after being faced with a cancer diagnosis, he was a changed man. The health care system was unable to provide the same level of mental health support that it did for his physical health issue. In memory of Peter, we will all work to ensure meaningful change to this situation.

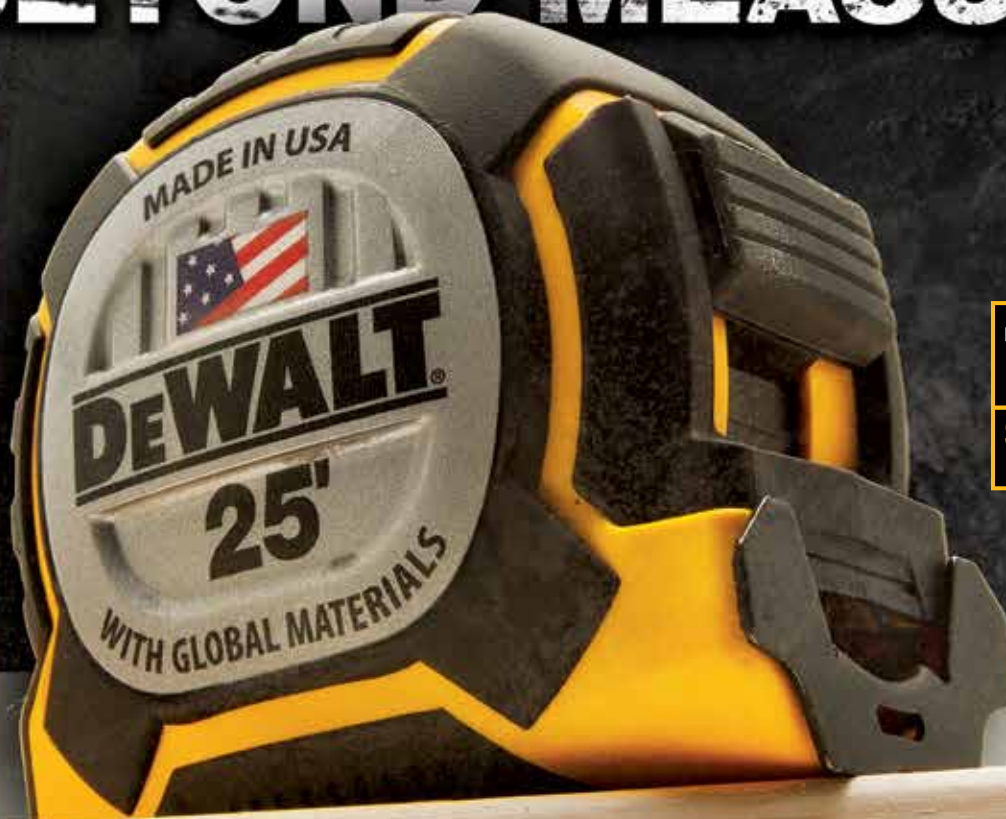
We could always count on Peter for great songs, laughter, and levity in all our lives. We hope that we provided that for him and that he finds it wherever his journeys now take him. We wish him peace and love.

Your memories of Peter are important to us, and we welcome you to send us your stories, memories, and messages of support at petergreer.family@gmail.com

Donations in Peter's memory would be appreciated as follows:

Peter Greer Bursary - Carpenter Millwright Trades College (Cheques made out to the NS Carpenter Millwright Building Society in Peter's Memory can be mailed to 1000 Sackville Drive, Lower Sackville, NS B4E 0C2 or by email transfer to bursary@cmcns.ca) or to a charity of your choice.

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ARE YOU A MEMBER OF THE CF OR A RETIRED VET, AND LOOKING FOR A REWARDING NEW CAREER?

Helmets to Hardhats Canada (H2H) is a national, non-profit organization. Its guiding vision is to provide rewarding career opportunities within the construction, maintenance and fabrication industries to Canadian military veterans in recognition for their service to Canada. Military veterans (here forth referred to simply as “veterans”) include anyone who served, or is still serving, in the Canadian Armed Forces, including both the Regular and Reserve Force components. The services provided by H2H are at no cost to our veterans.

Introduced to Canadians by the Prime Minister in January 2012, the H2H program began delivering its services in May 2012 following the selection of the Executive Director. Since its inception, the H2H program has grown into a recognized, respected and well-established national program that has assisted hundreds of veterans with their transition into an exciting and rewarding new career. At the end of the day, helping our veterans with the challenges of transitioning into a new civilian career is **the right thing to do** and the fundamental basis for the program’s existence.

Although H2H was provided initial seed funding by the federal government through Veterans Affairs Canada, as well as additional seed funding from the provinces of Alberta, Ontario and New Brunswick, the program has evolved into an industry led, industry funded program. The program has been built upon a strong partnership with the Canadian Building Trades Unions (CBTU) and their contractors to ensure that veterans have access to competitive wages as well as comprehensive benefits and pension plans. This partnership provides access to a significant national network of union owned and accredited skills training centres, union Locals and the thousands of contractors operating under collective agreements with these same unions.

More importantly, through this vast network H2H registered

veterans have access to apprenticeships in over 60 different trades that provide them the opportunity to develop valuable skills and qualifications. Depending on their existing qualifications and experience, the apprenticeship training process may be shortened or by-passed to enable a fast-tracked achievement of Journeyman status, such as in the ten military occupations that are recognized Red Seal trades. In other cases, veterans may be able to transfer directly into employment opportunities.

The CBTU and many employers across Canada who are stakeholders in supporting the H2H program in Canada recognize the valuable contribution that our veterans have made to our country, as well as the outstanding qualities and experience that they offer, such as inter-personal skills, leadership abilities, professionalism, dedication, and a desire to pursue continuous individual improvement.

Although the scope of the H2H program targets a relatively narrow portion of the overall work force, the training and employment opportunities are quite significant. The construction industry itself represents approximately 14% of Canada’s GDP, supports over 260,000 businesses, and provides employment to over a million employees. Given its role in assisting veterans with apprenticeship opportunities, H2H is thereby also supporting workforce development in Canada and bringing greater attention to the importance of vocational training as a post-secondary pathway to a rewarding career. In other words, by helping veterans with their transition into new and rewarding careers, the H2H program is also making a valuable contribution to Canada’s economy while mitigating the possibility of unemployment or under-employment of our veterans.

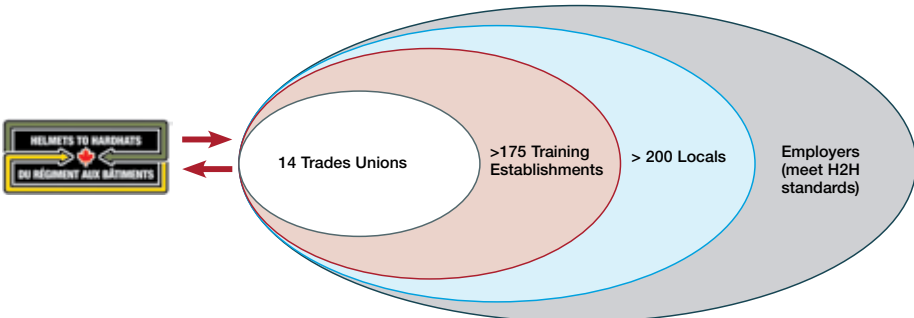


Photo: Canadian Forces Combat Camera, DND

CMC instructor John Loney, back row holding axe, describes the experience as eye-opening and life-changing.



HELPING HAITI

Hurricane Matthew devastated parts of Haiti in October 2016. Carpenter Millwright College Nova Scotia instructor John Loney and his son Elijah decided to do something to help. The pair joined an organization called Haiti Arise and embarked on an 11-day relief effort to help a community in need. The following is a first-hand account of his journey.



In early October 2016, a hurricane named, "Matthew" came barreling through the Caribbean, slamming the poor country of Haiti. Reports of the loss and the necessary rebuilding efforts was overwhelming. One thousand people died and 200,000 homes were destroyed. It was clear they needed help!

A few days later, my friend Tom Bernier, a friend and union brother from Alberta called. He told me he was going on an 11-day relief effort in Haiti with a group called Haiti Arise. He asked if I would join him.

On November 22, 2016, my son Elijah and I arrived in Haiti. Most of the team quickly left to travel to a small fishing village called Port Salut. It was hit hard by the hurricane. It looked like a bomb went off ... trees stripped, homes in rubble. Their resources are very limited. We could have used a bulldozer, but they also had to salvage what they could. The cost to build a small, 12-foot by 16-foot home is \$1,400.

Eleven Canadians and 20 Haitians teamed up to work with a community. It needed a major clean up, but we just did enough to make room for homes. We built 11 over a total of six days.

The people of Haiti are used to facing disaster, and still despite that, they are generally a joyful and grateful people. They hope for better for the next generation and resort to desperate measures to improve things for their kids. When team members expressed care and kindness to their children, some parents would ask us to adopt them and take their kids home with us. It was heartbreaking to me at first, but I soon realized it was motivated by an unselfish love.

It was hard work, but rewarding to see the community encouraged and they were very appreciative.

Some moments were extremely difficult to see so much poverty, coming from a country that has so much extra. My son and I found it a challenge to face. Who will come for the people of Haiti and others like them? Can human kindness be enough help? What will it take? Obviously, the more of us that work or help them the better.

I hope some of you pursue an opportunity like this one to help a community in need. The rewards truly are priceless.

I want to thank our Local 83, my friends, brothers and sisters, co-workers from Muskrat Falls, Scott Keeping for bringing this to the attention of the Council, and locals from Cape Breton and New Brunswick for matching our local's support. I am so glad our union supports these acts of kindness.



CONTRACTOR PROFILE



Ecohome Insulation Systems

With the high cost of home heating, it should come as no surprise that homeowners and businesses are seeking out alternatives to lower heating costs and improve energy efficiency.

One of the companies answering the call is Ecohome Insulation Systems, a family-run business in Cape Breton. The union contractor specializes in a spray foam product called WALLTITE Eco, a medium density polyurethane foam insulation product that provides several benefits as compared to conventional fibre insulation, says owner Scott MacKenzie.

MacKenzie praises WALLTITE Eco as the best product on the market that is not only an effective vapour barrier but, more importantly, requires less product to apply than its competitors.

"It's the only product on the market that requires only one inch of spray foam to form the vapour barrier, where other products require one and a half inches – it's a superior product," he says.

MacKenzie adds the true benefit of spray foam is the reduction or elimination of convection currents – a type of heat transfer where as air heats up as it rises, it cools down as it hits the outside of the wall thus creating a convection current. This, inevitably, contributes to heat loss.

"Fifty to 80 per cent of heat loss is due to air infiltration," he says. "With spray foam, just a quarter inch stops all air infiltration – there are no convection currents."

He adds Ecohome has been using the WALLTITE product for five years and have experienced no problems with its application or efficiency.

QUICK FACTS

Name: Ecohome Insulation Systems

Business: Insulation contractor (spray foam, fireproofing)

Location: Boularderie East, Cape Breton, NS

Years in business: 10

Owners: Scott and Amanda MacKenzie

Staff: 2 full-time employees; up to 5, depending on job

Website: www.ecohomeinsulation.com

Contact: 902-674-0010





Although most of their work is currently in the residential sector, Ecohome is keen to take on more commercial work. The company has worked on several large commercial projects across Cape Breton, including the Hampton Inn, Cabot Links golf resort, Marine Atlantic North Sydney Ferry Terminal, and the Port Hawkesbury Courthouse to name a few.

Proud to support union labour, MacKenzie says union members work on both residential and commercial jobs. He places an emphasis on hiring local workers as he believes good job opportunities should be available at home.

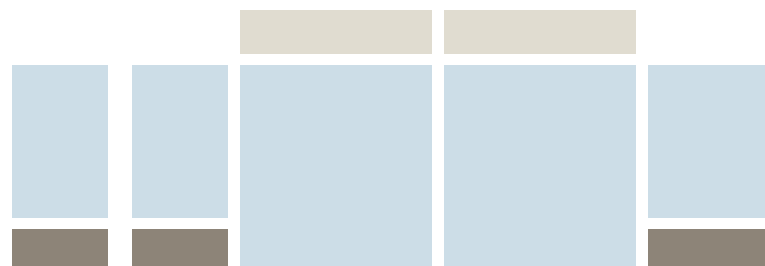
"I believe everybody, especially in Cape Breton, who lives in Cape Breton should be able to make a reasonable income and not have to worry about moving west to try and make the money you need to support a family."

Gord Jacobs, ACRC Regional Manager in Cape Breton, says Ecohome is one of three signatory insulation contractors with Local 1588. Jacobs says the Local works closely with MacKenzie to supply any training needs he requires and says he is always a pleasure to work with.

"Scott is very good to work with, and his customers are happy with the work he performs for them," Jacobs says. "He is always on time and on budget."

Jacobs praises the company for being a standout in the industry due to their commitment to customers and quality work.

"We stand behind his work and promote Ecohome as much as we can."



DEWALT

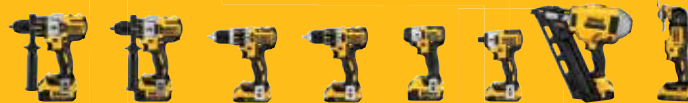
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With respect to the DEWALT 20V MAX. Maximum initial battery voltage (measured without a workload) is 20 volts. Nominal voltage is 18.



HAVE A HEART!

The Newfoundland and Labrador Building and Construction Trades Council, which includes ACRC Local 579, have made significant donations to the NL Health Care Foundation and have assisted in the purchasing of valuable equipment for hospitals in NL.

In acknowledgement of this commitment, the foundation would like to contribute a series of preventative articles featuring different doctors who will share practical advice, tips, and preventative measures.

This issue, Dr. Sean Connors will be talking about **cardiac health**.

Did you know the rates of heart disease in Newfoundland and Labrador are the highest of any province?

Typical symptoms of a heart attack include chest discomfort, which may be felt as pressure, squeezing, fullness, pain, burning or heaviness. These symptoms may also be felt in the neck, jaw, shoulder, arms or back. Some people may also feel nausea, shortness of breath or light-headedness.

Until recently, research on heart attacks focused mainly on men. However, studies now show some of the symptoms of heart attacks in women are different from men.



Dr. Sean Connors in the Cardiac Care Cath Lab

Did you know heart disease and stroke is the number one killer of women around the world, accounting for more deaths every year than all cancers combined?

The signs of heart attacks often go unnoticed in women. Chest pain is the most common symptom in both sexes, but women may also experience:

- unusual fatigue that gets worse with activity
- difficulty breathing
- heartburn/vomiting that is unrelieved by antacids
- general feeling of weakness.

Some women report symptoms up to one month before the heart attack. If you believe you may be having a heart attack, call emergency (911) immediately, or go to the nearest emergency medical centre.

Women can reduce their risk of heart disease and stroke by as much as 80 per cent by managing risk factors, which include eating a healthy diet, being physically active, being smoke-free, limiting alcohol, maintaining a healthy weight, and reducing stress.

Thank you for supporting the Health Care Foundation. For more information, please visit our website at thehealthcarefoundation.ca



Get in the Loop!

Get news and information about the Carpenters Union delivered straight to your mobile phone.

The United Brotherhood of Carpenters (UBC) has launched a texting program to make sure all members can stay in the loop when news about our Union is available.

See it first. See it fast.

Text UBC to 91990 (US)

Text UBC to 52267 (Canada)

¡Manténgase al tanto!

Obtenga noticias e información sobre la Unión de Carpinteros directamente en su teléfono celular.

La Hermandad Unida de Carpinteros (UBC) ha lanzado un programa de mensajería de texto para velar por que todos los miembros puedan mantenerse al tanto sobre las noticias de nuestra unión, una vez que éstas se encuentren disponibles.

Véalas primero. Véalas rápido.

Envíe la palabra ESP al número 91990 (Estados Unidos)

Envíe la palabra ESP al número 52267 (Canadá)

Restez branchés!

Recevez directement des nouvelles et de l'info sur le syndicat des charpentiers sur votre téléphone mobile.

La Fraternité Unie des Charpentiers Menuisiers d'Amérique (FUCMA) a lancé un programme de textage pour s'assurer que tous les membres puissent être au courant des dernières nouvelles du syndicat.

L'info. Rapido presto.

Textez avec la FUCMA à 91990 (États-Unis)

Textez avec la FUCMA à 52267 (Canadá)

While the UBC will never charge you for text messaging, your carrier's message and data rates may apply.

Si bien la UBC nunca le cobrará sus mensajes de texto, su proveedor de servicios podrá cobrarle la tarifa respectiva por el envío de mensajes y de datos.

La FUCMA ne vous facturera jamais pour l'envoi de textos, mais il se peut que les tarifs d'envoi de messages et de données de l'entreprise de télécommunication s'appliquent.





OFFICE to ADVANCE
WOMEN
APPRENTICES

CELEBRATING ACCOMPLISHMENTS AND ADVANCEMENTS

by Karen Walsh



The last edition of the Blueprint provided an overview of the Office to Advance Women Apprentices (OAWA) and the advancement of women in trades in Newfoundland & Labrador. On May 17, 2017 OAWA will be hosting a recognition night to celebrate the accomplishments of tradeswomen who have received their Red Seal designation in the construction trades. OAWA has assisted 116 women to progress to Journeyperson status and there are many more who are now 3rd and 4th year apprentices progressing through the field.

Also, as a featured guest at this event, OAWA has invited Tenai Norman, Owner/Designer of GEAR-UP Safety Solutions, to unveil her product launch of Women's Workwear.

GEAR-UP is a manufacturer of fitted women's safety personal protective apparel. They design and market this apparel to fit women of all different sizes. Their products include items such as fitted coveralls, fitted gloves, vests, winter jackets, insulated coveralls, etc.

GEAR-UP addresses the growing needs of safety work wear for women. They hear the complaints that the one-size-fits-all coveralls do not fit the diverse female body; the gloves do not fit the small, dexterous female hand; and they recognize that these issues impact the ability for a woman to work to her full potential. GEAR-UP is dedicated to creating a line of work wear to serve the particular needs of women.

Their logo silhouette represents the empowered woman, and absolutely everything she stands for.

During the recognition night, tradeswomen will have the opportunity to showcase this workwear as the product is launched and the GEAR-UP virtual store is opened.

This event will include guests from trades unions, construction companies, supplier diversity, government, trades colleges, etc. and provide a venue for networking and recognizing the advancements of women in the skilled trades.



HABITAT FOR HUMANITY NOVA SCOTIA VOLUNTEER BUILD OPPORTUNITIES –

Get involved, help build and give back



Do you want to get involved with your community? Help families build a home of their own? Do you like to build things? A volunteer Crew Leader position with Habitat for Humanity would be a great opportunity for you to give back and put those skills to use.

Habitat for Humanity Nova Scotia is a non-profit organization working towards a Nova Scotia where everyone has a safe, healthy place to call home. We mobilize volunteers and communities to build strength, stability and self-reliance through affordable homeownership.

Habitat homes are built almost entirely by volunteers, both skilled and unskilled. As Habitat Nova Scotia ramps up for the 2017 build season, we are eagerly looking for new volunteer Crew Leaders. The Crew Leaders have some building skills and assist construction staff in leading volunteers to perform specific construction tasks on site. As a Crew Leader, it's your responsibility to motivate, teach and lead a group of (potentially) inexperienced volunteers.



In 2017, Habitat Nova Scotia will continue building homes across the province in Halifax, Oxford, Whitney Pier, and Bridgewater - all in various stages of construction. Habitat Nova Scotia also recently announced its plans to build a 95 home community in Spryfield, which means we need a lot more volunteers!

By volunteering, you will help build homes for families who need a "hand up" in your community. We believe that by building strong, healthy families, we are building strong, healthy communities.

If you are looking to get involved with your community and support

affordable homeownership in our province, the Crew Leader position could be a great fit for you.

If you are interested in volunteering, we would love to hear from you. Please contact emily@habitatns.ca or visit our website at www.habitatns.ca.

HISTORY HAS BEEN MADE

A message from Jim Smith,
VP Canada

May 9, 2017

Brothers and Sisters;

History was made today when your EST took a seat at her first EST meeting.

EST Romero was introduced by UBC General President McCarron who acknowledged that your EST is the first female EST in the history of the UBC, and he lead the group in a standing ovation.



LEAVING A LEGACY

Local 579 member and ACRC delegate Norman Byrd received the prestigious ExxonMobil Legacy Coin for his work on the Hebron Project. The award is given to those who display leadership, engagement, and safety on the jobsite. In a letter to Norman, Kerry Philpott, head of Hebron's CVIS (Craft Voice in Safety) group, said he made many significant contributions towards ensuring the safety of men and women on the Hebron Project. "You will never know how many lives you've changed and lives you've saved," he noted.

Congratulations Norman on this noteworthy achievement!





Colin Keeping
Director of Organizing

Twenty-seventeen is off to a quick beginning! I would like to begin by extending a sincere thank you to all our valued members. The support that has been received by the members, both upfront and behind the scenes, has been tremendous. The membership plays a crucial role in organizing, and your support makes it easier to push the Union forward. The ACRC Organizing Department has big goals to reach, and we will all play a role in reaching them.

We often hear the UBC goal of 70% market share – this sentiment is resonated at our monthly meetings, spoken about in various reports and communicated through social outlets. This is what the ACRC Organizing Department is working towards. Our goal is to solidify at least 70% market share in each sector we represent. I believe this goal is attainable. With our current organizing team, and the support of our valued members, we can reach this goal together.

As I have moved forward in my current position as Director of Organizing for the ACRC, I have quickly realized that if we work together, we have the potential to exceed this goal. The eagerness of a supportive membership to see the ACRC grow has proven to me that we are more than capable. If you are interested in offering support, please contact your local organizers. We are all organizers and we all share the same interest, which is to grow market share and create more union employment.

In 2017, the ACRC will be increasing its public presence in some of our local communities throughout Atlantic Canada. A series of union events are planned this summer (see our cover story), and the ACRC will come out strong at these events and put a face to our Union. We will show that we are a group that believes and supports what we do.

We are also prepared to get more involved in the political arena, utilizing whatever leverage we can to gain greater support. We know that the underground economy weakens our efforts, and without government support to combat this, we are less effective in doing so. We also want to ensure that our social media efforts are being utilized to their full capacity. Social media can be a huge asset to help move us in the right direction.

I believe we are, and will improve on, the union of today to create a better union tomorrow.

Site Organizer and Shop Steward Training

We are currently restructuring our site organizer and shop steward training programs to better reflect updated standards in the construction industry. Stay tuned for updates on this in 2017.

Welcome New Contractors

Below is a list of contractors who have all become organized since our last newsletter. Each sees the benefits being a union contractor has on their workforce and bottom line.

I would like to welcome the following contractors to the ACRC:

A-Pak Drywall	Eddy Mackay Contracting
Appleby Interiors	Limited
BDM Millwrights	Fundy Employment Services Inc.
Bucks Contraction	Gulf Operators Ltd.
Butternut Ridge Construction Ltd.	Ironwood Group Constructors
Canadyne Navigation	KTM Construction Services Inc.
CDK Renovations	LPS Interior Systems
CHR Flooring	Contracting
Compact Storage	MG Wallace Construction
Curtis Lelorcher	New Found Land Construction Ltd.
Dahar Pro Interiors	Newtech Specialty Products
Dan Currie Roof Specialist	Limited
Darrel Sydney	Normand Savoie
Darrell Richards Contracting	Sampson Interiors
Dean Lapointe Drywall and Taping	Shawn Smith Interiors
Designer Concrete Inc.	Skyway Construction
Diversified Divers Inc.	Sports Systems Inc.
Dreams to Reality Renovations	Stockford Construction 2008 Ltd.
East Coast Metal Fabrication Inc.	Supreme Line Roofing and Construction Inc.

You can also find us on Facebook and Twitter! Get in touch and stay up-to-date with what's happening in your union!



facebook.com/weareacrc



@WeAreACRC

Do you have a suggestion, idea, or comment for The Blueprint?

We'd love to hear from you!

Send us an email to suggestions@acrc.ca and tell us about it!

DISPATCHES

News and notes from around the Council

Building Trades donation earmarked to put AED's in NL schools

Darin King, Executive Director with the NL Building Construction Trades Council, presented the Heart and Stroke with a donation in the amount of \$400,000 on behalf of building trades members, including ACRC Local 579. The donation will be put towards the purchase and installation of Automated External Defibrillator (AED) machines in NL schools that do not already have the units.

MaryAnn Butt, Chief Executive Officer with the Heart and Stroke Foundation of Newfoundland and Labrador, accepts the donation from Darin King, Executive Director of the NLNTC



Melanie Goode appointed to Women's Committee with NLFL

ACRC Labour Relations Representative Melanie Goode has been appointed to the Women's Committee with the Newfoundland and Labrador Federation of Labour (NLFL) for a three-year term. The mandate of the committee is to identify issues that affect women workers in their unions, workplaces, and their communities, and endeavour to build the capacity of women as activists and future leaders. In addition, the committee will monitor legislation and social policy that impacts women and will develop strategies for education and political action for union members. If you have questions or would like more information, contact Melanie at (709) 364-5430 or mgoode@acrc.ca

EST Romero first woman appointed chair of New Brunswick Apprenticeship and Occupational Certification Board

Congratulations to our EST Deb Romero for being named chair of the New Brunswick Apprenticeship and Occupational Certification (AOC) Board. The AOC is an independent government body that equally represents the interests of industry employers and employees and sets standards of competency across a wide range of occupations.



Post-Secondary Education, Training and Labour Minister Donald Arseneault introducing Debra Romero at the legislative assembly



NL Regional Manager Ivan Gedge addresses the audience at the conference

ACRC a Platinum Sponsor at NLCSA Annual Conference

The Newfoundland and Labrador Construction Safety Association (NLCSA) hosted their annual Health and Safety Conference on February 16 in St. John's, NL. As a Platinum Sponsor of the conference, the ACRC will be acknowledged in the March edition of Standards in Practice, the association's quarterly newsletter. The mandate of the NLCSA is to provide safety-related programs and services to the NL construction industry in an effort to reduce workplace injuries and accidents.

Listing of Executive Officers now online

The names of current Executive Officers in each local are now posted on our website, acrc.ca. Go to your Region (e.g. Cape Breton) then select Local Contacts.



Local 1386 supports member to attend Boston Marathon

When Michel Roy runs in the Boston Marathon on April 17 he will do so with the support of his local behind him. Local 1386 presented Michel with a cheque for \$500 to assist him with expenses to attend the 121st Boston Marathon. Last year's marathon attracted 30,000 participants and is regarded as one of the world's premier running events.

Michel Roy

Stay Connected!

Stay connected to what's happening in your union by having news and updates from the ACRC delivered right to your mobile phone!



Sign up today by texting
ACRC to 770077

Please note the ACRC does not charge members for this service;
however, standard text rates from your carrier may apply.



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