

NOVA SCOTIA UPDATE

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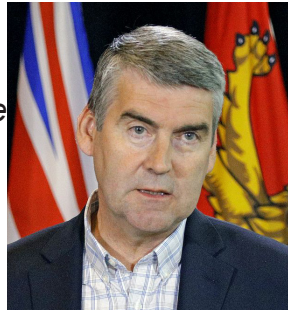


Nova Scotia declares State of Emergency

On March 22, Nova Scotia Premier Stephen McNeil declared a state of Emergency in the province of Nova Scotia to help contain the spread of COVID-19. Nova Scotians should not leave the province and only to leave home for essential items and services.

With this being said, the Premier has deemed construction an essential service and all job sites will remain open until employer or government says other.

“Under the state of emergency: - there are several groups who are essential and exempt from gathering limits. They include but are not limited to grocery stores, gas stations and pharmacies. If possible, one person per family should be designated to do these tasks. Other groups include construction sites, health-care services, community services (e.g. child protection), criminal justice services and law enforcement”



For full release visit: <https://novascotia.ca/news/release/?id=20200322001>

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A MESSAGE TO MY CONSTITUENTS - PLEASE SHARE!

I would like to clarify some misunderstandings about the new five person rule. This is an adjustment to the “social gathering rules” that had previously been announced as 150 people and then 50 people. The rule still “only applies to social gatherings and gatherings in public settings”. It does not mean that businesses can only have five employees or that there can only be five people in a store.

Please support your employer and work safe.

MESSAGE FROM REGIONAL MANAGER JEFF RICHARDSON

Dear Brothers & Sisters,

During this uncertain time, I want to personally reach out to each member and their families to reassure you that our union leadership is busy working to support the membership through this global pandemic. Our office and our partners are here to inform, assist and reassure you. We are all in this together.

When the news of this novel coronavirus surfaced I had concerns as I am sure many of you did as well. At that time no one could foresee the impact it would have on our lives, the economy and our industry. During this time you may have concerns about your health, your job, your family and your community. Please take the time to explore the options that are available to assist you through this period and if you have questions or need assistance, you can reach me at **902-759-1922**.

We must follow the advice of our Health Care Professionals and practice social distancing, avoid groups of 5 or more people, wash hands often and avoid touching your face and if you develop a new cough and/or fever seek medical advice via the online screening tool/call 811.

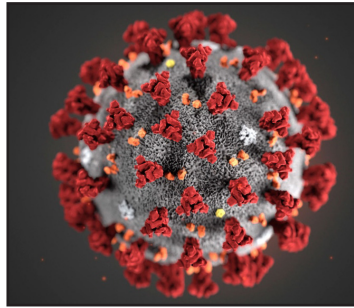
Together, we will get through this. We are working closely with our contractors and our partners to ensure when this is over we will be ready. I look forward to everyone's healthy and safe return to work.

Fraternally yours,

Jeff Richardson

KNOW THE SIGNS!

Health Canada recommends the following procedures to increase proper hygiene and reduce the risk of infection or spreading infection to others:



- wash your hands often with soap and water for at least 20 seconds, especially after using the washroom and when preparing food;
- use alcohol-based hand sanitizer if soap and water are not available;
- avoid touching your eyes, nose, or mouth with unwashed hands;
- when coughing or sneezing:
- cough or sneeze into a tissue or the bend of your arm, not your hand
- dispose of any tissues you have used as soon as possible in a lined waste basket and wash your hands afterwards

SYMPTOMS: The following are common symptoms of COVID-19:

- Fever
- Fatigue
- Dry cough
- Difficulty breathing

RISK: You are at a greater risk for COVID-19 if:

- You have recently travelled to a COVID-19-impacted area
- You have been in close contact with a confirmed or probable case of COVID-19
- You have been in close contact with a person with acute respiratory illness who has been to a COVID-19-impacted area

If you experience the symptoms above AND/OR you have a higher risk of developing COVID-19, please contact your health care provider. You can also call 811 to speak with a registered nurse.

MAINLAND OFFICE STATUS

Our offices in Sackville and Stellarton have closed to the public, however, administration is available by phone. If you have questions or concerns, please call **902-454-5100**. Our own team has had to make hard decisions about staffing balanced with safety and financial responsibility, but our phone line, email and fax are still monitored.

Coughlin & Associates

Coughlin & Associates have closed their offices, but have a team working remotely to answer your questions via email, visit Coughlin.ca for more information.

For claims inquires email: winnclaims@coughlin.ca and include your name, employer, member ID and reason for your inquiry.

Website:
<http://www.coughlin.ca>

Mental Health Resources:
<https://pcpeopleconnect.com/ACRC>

Family Assistance Program

Our Family Assistance Service with Homewood Health is available, you can access by calling **1-800-663-1142**. If you have a hearing or speech impairment call **1-888-384-1152**. If you are aware of a member that could benefit from this service, please share this information with them.

To stay up-to-date with all ACRC COVID-19 information at our website:

<http://www.acrc.ca/>



ATLANTIC CANADA
REGIONAL COUNCIL OF CARPENTERS
MILLWRIGHTS AND ALLIED WORKERS