

# Newfoundland & Labrador

## Newsletter January 2021



### Message from Regional Manager



Hello Brothers and Sisters,

It has been two busy years, since I was hired for the position of Regional Manager of Newfoundland and Labrador and it has been an honour to represent you and work with each of the locals, OAWA, SIB Committee, CMC and ACRC staff and leadership. We have been faced with some ups and downs and many challenges especially with the pandemic, but we are pulling through and 2021 already looks like it will be better than 2020.

There have been a number of announcements in the province recently in the Oil & Gas sector and we are confident that this will create job opportunities for our members. Work is already underway in Voisey's Bay to build another campsite and construction contracts have already been awarded for the Power House Project with hiring to commence within the next couple of weeks.

I want to encourage all members to have a look at our safety training schedule that is included in this newsletter and register for any courses that you need to be work ready.

In the year ahead, I look forward to continuing to advocate on your behalf and working with our business representatives and organizers to increase our market share. Stay safe on and off the jobsite!

Yours in Solidarity,

*Mike Williams*

### Election Results Millwright Local 1009

Congratulations to the new Executive for Local 1009! Thank you to both outgoing and incoming Executive members for your dedication and volunteer effort!

President – Darrell Melvin – re-elected by acclamation  
Vice-President – Trevor Lambert – elected by vote  
Financial Secretary – Mike Drover – re-elected by vote  
Recording Secretary – Cassandra Whalen – elected by vote  
Treasurer – AJ Whelan – re-elected by vote  
Trustee Western – Myles Lambert – re-elected by vote (different position)  
Trustee Central – Glen Rideout – elected by acclamation  
Trustee Eastern – Paul Baron – re-elected by acclamation  
Conductor – Jessica Elms – elected by vote  
Warden – James Bishop – elected by vote

### Local 579 Pension Plan Update

Last week we held a second Tele-Town Hall to inform members of Local 579 about recent changes to the pension plan.

Members were informed of the recent transfer of pension plan administration from Belmont to Manion Wilkins effective January 1, 2021. Further measures were also taken to address the unfunded liability of the plan with the benefit rate changing from 1.9% to 1.25%.

In the past, a member contributed 0.75 from every pension hourly contribution with the remaining being credited to the member's pension. On a go forward basis, the total pension hourly contribution will be credited to the member's pension. These changes will not affect anyone currently on pension or any contributions made to the plan up to and including December 31, 2020.

For pension applications and pension administration inquiries, calculations and payments and statements contact:

Adam Nasser @ 1-800-263-5621 x 3570 or [anasser@manionwilkins.com](mailto:anasser@manionwilkins.com)  
Marilyn Volpe @ 1-800-263-5621 x 3521 or [askpensions@manionwilkins.com](mailto:askpensions@manionwilkins.com)



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# Contractor Spotlight

**Complete Drywall** was established in 2011 and began as a small drywall company employing 8-10 union members annually working in the interior systems trade. As the company grew, it branched out into the Glazing industry with members completing their training at the UBC Training Centre in Las Vegas. Today, the once small company has grown to 50 plus employees working in both interior systems and glazing trades and has completed multi-million dollar jobs such as the Canadian Coast Guard Facility, The Residence at Littledale, Paradise School, KMK Capital, Animal Resource Center and the Mount Pearl Nissan Dealership. These are just a few of the projects Complete Drywall has completed to date employing Local 579 Union Members.



***Pictures above: Canadian Coast Guard Facility, Southside Road; The Residence at Littledale exterior; Canadian Coast Guard Facility entrance; Interior of Residence at Littledale & the Tweed Building.***



# Mental Health Tool Box



**Did you know your Union has the following benefits in place to assist Insured Members and their eligible dependents with mental health issues?**

**Step 1: Member Family Assistance Program (MFAP)**  
*via Aspira*

**Step 2: People Connect (Mental Health Tool)**  
*via People Corporation*

**Step 3: Drug & Alcohol Rehabilitation (DARP) Program**  
*via Aspira (Member Only)*

## Member Family Assistance Program

- Short-term focused program for your mental, emotional, physical and financial health.
- Counselling services are fully confidential
- Wealth of resources available related to life, home & workplace challenges
- For more information or to register online, please visit the website at [www.aspiria.ca](http://www.aspiria.ca)
- iAspira Mobile Code: ACRC  
Online User ID & Password: ACRC
- Toll free at 1-877-234-5327



## People Connect (Mental Health Tool)

- Access to mental health forum, assessment tool and a virtual therapist
- Complimentary first session; subsequent sessions are \$75/hour or \$37.50/half hour. Eligible for reimbursement under your annual paramedical maximum, and if needed, the first \$500 of coverage can be directly billed to the Administrator.
- For more information, please visit [pcpeopleconnect.com/ACRC](http://pcpeopleconnect.com/ACRC) or use your mobile phone camera to scan the QR code:



## Drug & Alcohol Rehabilitation Program

- The Plan provides up to a maximum of \$5,000 towards assessment, treatment and case management costs
- Services available for insured **Members only**.
- A Union Designate will meet with Member to complete and submit the "Authorization to Disclose Information" consent form to begin the process. An appointment is set typically within 3-5 business days with an Addiction Specialist.
- Send completed consent form to Eric Rubel at [erubel@aspria.ca](mailto:erubel@aspria.ca).
- For more information, please contact your Local Union

**Coughlin & Associates Ltd.**

1-888-204-1234

[www.coughlin.ca](http://www.coughlin.ca)

[acrcadmin@coughlin.ca](mailto:acrcadmin@coughlin.ca)

**Atlantic Canada Regional Council of Carpenters, Millwrights and Allied Workers**

Please contact your Local Union directly for more information.

[www.acrc.ca](http://www.acrc.ca)

### FALL PROTECTION

Location	Date
CMC	Jan. 4 -5
CMC	Feb. 8-9
CMC	Mar. 1-2
CMC	Apr. 5-6
CMC	Apr. 26-27
CMC	Jun. 14-15
CMC	Jul. 12-13
CMC	Aug. 9-10
CMC	Aug. 30-31
CMC	Sept. 27-28
CMC	Oct. 18-19
CMC	Oct. 27-28
CMC	Dec. 6-7
Western	Mar. 15-16
Western	May 31-Jun. 1
Western	Sept. 13-14
Western	Nov. 15-16
Central	Mar. 22-23
Central	Jun. 7-8
Central	Sept. 20-21
Central	Nov. 22-23

### CONFINED SPACE

Location	Date
CMC	Jan. 6-7
CMC	Feb. 10-11
CMC	Mar. 3-4
CMC	Apr. 7-8
CMC	Apr. 28-29
CMC	Jun. 16-17
CMC	Jul. 14-15
CMC	Aug. 11-12
CMC	Sept. 1-2
CMC	Sept. 29-30
CMC	Oct. 20-21
CMC	Dec. 8-9
Western	Mar. 17-18
Western	Jun. 2-3
Western	Sept. 15-16
Western	Nov. 17-18
Central	Mar. 24-25
Central	Jun. 9-10
Central	Sept. 22-23
Central	Nov. 24-25

### FALL PROTECTION

#### REFRESHER

Location	Date
CMC	Jan. 15
CMC	Jul. 9
CMC	Jul. 30
CMC	Aug. 5
CMC	Aug. 20
CMC	Oct. 29
CMC	Nov. 10

### FALL PROTECTION RE-CERTIFICATION

Location	Date
CMC	Jan. 28
CMC	Feb. 19
CMC	Mar. 31
CMC	Apr. 16
CMC	May 07
CMC	Jun. 30
CMC	Dec. 17

### RIGGING QUALIFICATION

Location	Date
CMC	Jan. 18-22
CMC	Feb. 22-26
CMC	Mar. 8-12
CMC	Apr. 19-23
CMC	May 10-14
CMC	Jun. 21-25
CMC	Jul. 19-23
CMC	Aug. 23-27
CMC	Oct. 4-8
CMC	Nov. 1-5
CMC	Nov. 29-Dec. 3

### CWB WELDING TEST

Location	Date
CMC	Jan. 29
CMC	Feb. 26
CMC	Mar. 26
CMC	Apr. 30
CMC	May 28
CMC	Jun. 25
CMC	Jul. 30
CMC	Aug. 27
CMC	Sept. 24
CMC	Oct. 29
CMC	Nov. 26

### WHIMIS 2015

Location	Date (1/2 Day)
CMC	Jan. 8
CMC	Jan. 27
CMC	Feb. 12
CMC	Mar. 5
CMC	Apr. 1
CMC	Apr. 9
CMC	Apr. 30
CMC	Jun. 18
CMC	Jul. 16
CMC	Aug. 13
CMC	Sept. 3
CMC	Oct. 1
CMC	Oct. 22
CMC	Dec. 10
Western	Mar. 19
Western	Jun. 4
Western	Sept. 17
Western	Nov. 19
Central	Mar. 26
Central	Jun. 11
Central	Sept. 24
Central	Nov. 26

### POWERLINE HAZARD

Location	Date (1/2 Day)
CMC	Jan. 8
CMC	Jan. 27
CMC	Feb. 12
CMC	Mar. 5
CMC	Apr. 1
CMC	Apr. 9
CMC	Apr. 30
CMC	Jun. 18
CMC	Jul. 16
CMC	Aug. 13
CMC	Sept. 3
CMC	Oct. 1
CMC	Oct. 22
CMC	Dec. 10
Western	Mar. 19
Western	Jun. 4
Western	Sept. 17
Western	Nov. 19
Central	Mar. 26
Central	Jun. 11
Central	Sept. 24
Central	Nov. 26

### PITO

Location	Date
CMC	Jan. 13-14
CMC	Feb. 3-4
CMC	Feb. 17-18
CMC	Apr. 14-15
CMC	May 5-6
CMC	May 27-28
CMC	Jul. 7-8
CMC	Jul. 28-29
CMC	Aug. 18-19
CMC	Sept. 9-10
CMC	Dec. 15-16

### STANDARD FIRST AID

Location	Date
CMC	Jan. 25-26
CMC	Mar. 29-30
CMC	May 19-20
CMC	Jul. 5-6
CMC	Aug. 3-4
CMC	Oct. 12-13
CMC	Nov. 8-9

### MEWPO

Location	Date
CMC	Jan. 11-12
CMC	Feb. 1-2
CMC	Feb. 15-16
CMC	Apr. 12-13
CMC	May 3-4
CMC	May 25-26
CMC	Jun. 28-29
CMC	Jul 26-27
CMC	Aug. 16-17
CMC	Sept. 7-8
CMC	Oct. 14-15
CMC	Oct. 25-26
CMC	Dec. 13-14
Western	Mar. 20-21
Western	Jun. 5-6
Western	Sept. 18-19
Western	Nov. 20-21
Central	Mar. 27-28
Central	Jun. 12-13
Central	Sept. 25-26
Central	Nov. 27-28

To register for training call 709-364-5586 ext. 201, email [info@cmcnl.ca](mailto:info@cmcnl.ca) or visit [www.carpentermillwrightcollege.ca](http://www.carpentermillwrightcollege.ca)  
(cancellation requires 3 days notice to avoid penalty)