

How it Works



Book an Appointment

Call: 1 800 484 0152

Online: Click Book an Appointment
at www.membershealth.ca



You will receive an appointment
confirmation by text or call



At your appointment time, our
doctors contact you via video call



ATLANTIC CANADA
REGIONAL COUNCIL OF CARPENTERS
MILLWRIGHTS AND ALLIED WORKERS



**ACCESSING THE CARE YOU NEED
AT THE RIGHT TIME.**

CLICK Online at www.membershealth.ca

TAP **MembersHealth** mobile application
available for iOS and Android

CALL 24/7 on 1-800-484-0152



ATLANTIC CANADA
REGIONAL COUNCIL OF CARPENTERS
MILLWRIGHTS AND ALLIED WORKERS

Access to quality care and wellness

Doctors and Mental Health
Specialists, available anytime
and anywhere.

Accountable Healthcare Program

Our AHP offers personalized healthcare to you and your dependents for all conditions, ranging from acute to complex. Our team of doctors, specialists, and surgeons promptly assess, diagnose, and implement care plans using evidence-based clinical practices, case reviews, and consultations to achieve optimal healthcare outcomes.



Program Highlights:

- Employees and dependents can speak directly with our doctors, specialists, and surgeons 24/7/365, within minutes.
- Unlimited appointments for members and dependents.
- Access to our doctors from anywhere in the world.



Benefits Include

With our Accountable Healthcare Program, you'll get access to a range of resources and support to help you manage your physical health, mental health and well-being.

🔄 24/7/365 Medical Support:

- Speak to one of our member's success care professionals at any time of the day or night, including weekends and holidays.
- Tailored referrals to specialists and surgeons - our care team actively works to shorten your wait time based on your local specialist.
- Immediate Mental health support - for crisis situations, you can speak to our therapists in minutes.
- Referral to a therapist for ongoing support - for a set of counselling sessions.

🏥 Medical Services:

- Prescriptions are conveniently sent to a pharmacy of your choice.
- Diagnostics and labs ordered on your call for a seamless process.
- No fee doctor's notes (as medically required) conveniently emailed to you.
- Assistance with locating a family doctor.
- Second opinion service - we'll provide expert medical opinions on your current diagnosis.
- Referrals for Specialists.

🧠 Wellness and Mental Health Support:

- Anxiety, stress, & depression.
- Marital & family.
- Addiction support - including expert assessment and treatment.
- Diversity and inclusion
- Crisis management & trauma-related services.
- Life coaching.
- Nutrition support - healthy eating, weight management and more.
- Legal support - family, immigration, and more
- Financial support - debt, planning, and more.

🤝 Patient Care:

- Personal touch with follow-up calls/texts 24-48 hours post-doctor visit to see how you're feeling.
- Access to our doctors from anywhere in the world.
- Personal care managers dedicated to each member to help you navigate the healthcare system.